

Churrfles

THM-Friendly: S

Funny name.

Delicious breakfast.

Waffle Base:

- 1/4 cup egg whites
- 3 Tbsp. mozzarella
- 1 heaping Tbsp. [THM Baking Blend](#)
- 1/2 Tbsp. [THM Super Sweet](#)
- 3/4 tsp. [cinnamon](#)

Churro Coating:

- 1 Tbsp. butter, melted
- 1/2 tsp. cinnamon
- 1 tsp. THM Super Sweet



Mix waffle ingredients together and cook in a mini waffle maker (makes 2) until cooked through. Brush with melted butter and dip in churro coating.

Cut into sticks and enJOY!!



<https://www.joyfullifewithkj.com/breakfast/churrfles>

