Crappy Gas Station Burrito THM-Friendly: S

The crappy gas station burrito! You know you love them. I woke up this morning craving my old go-to.

So I made it myself.

- one low-carb tortilla
- 3 tablespoons salsa
- 1 slice of American cheese
- 2 whole eggs
- 2 slices bacon

Scramble the eggs with a tablespoon of water and stir them the whole time they are cooking for fluffy eggs.

Put the cooked eggs in a bowl and mash; this is the key and VERY important to mash them up with the salsa and cheese and bacon until it's tiny tiny pieces of eggs.

Put in a burrito, roll it up covered in foil, and air fry for five minutes.



