

Copycat Junior Mints

THM-Friendly: S

- ½ cup + 1 Tbsp. coconut oil
- 3 Tbsp. THM **Gentle Sweet**
- 1 tsp. peppermint extract (or a fruity extract of choice to do something other than mint!)

- ⅓ cup stevia-sweetened chocolate chips
- 1 tsp. coconut oil

In a mixing bowl, combine the coconut oil, Gentle Sweet, and peppermint extract. If it is too runny, add small amounts of whey protein until it is a smooth, spreadable texture.

Fill the sections of a small silicone mold 3/4 full.

Freeze until firm.

Melt your chocolate chips with 1 tsp. coconut oil over a double boiler.

Pour the chocolate over frozen mints. Place back in the freezer.

Pop out of molds and store in the fridge!

enJOY!



<https://www.joyfullifewithkj.com/desserts-and-snacks/copycat-junior-mints>

