

# Peanut Butter CUPCake

THM-Friendly: S

Ok, so maybe it's not a "cupcake". It's a mug cake.  
But it's my dessert and I'll call it whatever I want to.

This is a great afternoon snack. I whipped this up yesterday when we were celebrating an event that had real cake. This was my treat and it was perfect.

- 1 Tbsp. butter
- 1 Tbsp. natural peanut butter
- 2 Tbsp. THM [Baking Blend](#)
- 1 Tbsp. THM [Super Sweet](#)
- 1 Tbsp. THM [Peanut Flour](#)
- 1 whole egg
- 1/2 tsp. [vanilla extract](#)
- 1 Tbsp. stevia-sweetened chocolate chips

Melt butter and peanut butter for a few seconds in a large coffee mug. Add remaining ingredients and microwave for 60 seconds.

enJOY!



<https://www.joyfullifewithkj.com/desserts-and-snacks/pbcupcake>

