

Easy Blueberry Sauce

THM-Friendly: FP

Single Serve

- 1/2 cup blueberries (fresh or frozen)
- 1-2 Tbsp. water
- 1/2 Tbsp. Super Sweet, adjust to preference

Cook down in a pan on medium heat for 3-4 minutes until berries break down and you have a thick sauce.

enJOY!

