

Kayla's Christmas Punch!

THM-Friendly: SIPPER
Multiple Servings

PUNCH CONCENTRATE:

- 1 batch THM [Cranberry Wassail](#), strained and added to a 2 qt. pitcher
- enough water to top off the pitcher
- 1/4 cup [Gentle Sweet](#) or 6 tsp. [Super Sweet](#)
- 1/4 cup [baobab powder](#)
- 2 Tbsp. [collagen](#)
- 1 Tbsp. orange extract
- 1 Tbsp. [vanilla extract](#)
- 1 Tbsp. raspberry extract
- a pinch of [mineral salt](#)

Add all ingredients to the pitcher and stir well. Use an immersion blender if necessary.

TO SERVE:

Fill a glass with ice. Pour over enough concentrate to fill the glass half full. Top with seltzer of choice. Lime is the best!

enJOY!

