

Chocolate Chip Cookie Dough Latte

THM-Friendly: S

- 12 oz. brewed coffee
- 8 oz. unsweetened nut milk
- 2 Tbsp. Swerve Brown (or 2 Tbsp. THM Super Sweet and 1/4 tsp. blackstrap molasses)
- 1/2 Tbsp. heavy cream (or half and half)
- 1 Tbsp. butter
- 1/8 tsp. baking powder
- 1/2 tsp. vanilla extract
- 1/4 tsp. sunflower lecithin
- 1 tsp. integral collagen
- 1 tsp. THM Unflavored Pristine Whey Protein
- 1 Tbsp. stevia-sweetened chocolate chips

Put everything in the blender and blend.

Add ice to your glass and pour the coffee mixture over the ice.

Top with on-plan whipped topping and a few more chocolate chips.

enJOY!

