

Iced Cinnamon Coconut Powerhouse Coffee

THM-Friendly: S

- 12 oz. coffee, brewed (your fave)
- 1/4 cup of unsweetened nut milk
- sweetener to your liking
- 1 Tbsp. MCT powdered creamer (you can replace this with 1 Tbsp. coconut oil if you prefer)
- 1 Tbsp. butter
- 1/4 tsp. cinnamon
- 1/4 tsp. coconut extract
- a splash of cream (I use half and half)
- 1 scoop (1/4 cup) of unflavored Pristine Whey Protein

Blend and pour over ice.

OPTIONAL: Froth some almond milk and a splash of half and half into a foam; pour on top.

enJOY!

