

Red Velvet Iced Latte

with Cream Cheese Cold Foam

THM-Friendly: S

Latte:

- 12 oz. coffee, strong brewed
- 3/4 cup unsweetened nut milk
- 2 Tbsp. heavy cream (or half and half)
- 1 Tbsp. cocoa
- 1 Tbsp. beet powder (You can replace with natural food coloring if you do not have beet powder. Add enough to get the color you want.)
- 1 Tbsp. THM [Super Sweet](#)
- 1/4 tsp. baking powder
- 1 scoop THM Chocolate [Pristine Whey Protein](#) (if you only have plain, use that with an additional tablespoon of cocoa)
- 1 Tbsp. cacao butter (replace with butter if you don't have cacao)
- 1 Tbsp. coconut oil

Cream Cheese Cold Foam:

- 1/2 cup unsweetened nut milk
- 1 tsp. heavy cream
- 1 dropper full of plain liquid stevia (or 2 doonks powdered)
- 1/2 tsp. sunflower lecithin
- 1 Tbsp. THM Vanilla [Pristine Whey Protein](#)
- 1/2 tsp. cream cheese extract

Mix all latte ingredients in a blender and pour over ice.

Combine cold foam ingredients and froth well, until foamy.

Pour over latte.

enJOY!

