

Twix Powerhouse Iced Latte

THM-Friendly: S

Make [KJ's Caramel Sauce](#) and [All-The-Things Crumbles](#). These can be made ahead of time and kept on hand, I mean who wouldn't want these readily available at a moment's notice? I certainly would!

I topped mine with chopped up on plan Twix I had made!
The recipe can be found [here](#).

- 10 oz. brewed [coffee](#)
- 8 oz. nut milk
- 3 Tbsp. chocolate [Pristine Whey Protein](#)*
- 1 tsp. [caramel extract](#)
- 1/2 tsp. [butter extract](#)
- 1 tsp. coconut oil or 1 tsp. [MCT oil](#)
- 1 tsp. butter
- 1 tsp. [Super Sweet](#)
- 1/4 tsp. [sunflower lecithin](#) (optional)



Put all the ingredients in the blender and zing up.

Drizzle [Handy Chocolate Syrup](#) ([Trim Healthy Cookbook](#) pg 479) and KJ's Caramel Sauce around the inside of your glass. (Or for added difficulty, and more prettiness, add after ice)

Add ice and pour in the latte blend.

Top with whipped topping and more (yes, more) Handy Chocolate Syrup and Caramel Sauce.

enJOY!

