

# Fat Burning Coffee Mix

THM-Friendly: FP

- ☞ 5 Tbsp. powdered butter
- ☞ 5 Tbsp. MCT oil powder
- ☞ 10 Tbsp. collagen
- ☞ 1 Tbsp. sunflower lecithin
- ☞ 10 Tbsp. THM Pristine Whey Protein
- ☞ 1 tsp. pure stevia
- ☞ 1 tsp. pure vanilla bean powder (optional)

Add all ingredients to a chopper/blender/food processor. This works best when you completely incorporate the ingredients together.

Store in an air-tight container.

Add 1 and 1/2 Tbsp. of the mix to your coffee. Mix well with a frother or blender.

enJOY!



<https://www.joyfullifewithkj.com/coffee-concoctions/easy-bulk-trimmy-mix>

