

Chocolate Quinoa

THM-Friendly: E

Add to Instant Pot (Pressure Cooker):

- 1/2 cup quinoa
- 1/2 cup water
- 1/2 cup unsweetened nut milk
- 2 Tbsp. cocoa
- 2 Tbsp. THM [Super Sweet](#)
- 2 tsp. vanilla extract
- a pinch of mineral salt

Pressure cook for 1 minute in Instant Pot.
Natural release for 8 minutes.
Put in a bowl and drizzle with kefir.

Serve with sliced berries of your choice.

Optional for extra protein: stir in 1 scoop of THM [Creamy Dreamy Plant Protein](#) after cooking.

enJOY!

