

Easy Taco Bake

THM-Friendly: S

- 4-5 Mission Low Carb Tortillas
- 1 cup tomato sauce
- 1 pound ground beef
- 1/2 tsp. onion powder
- 1/2 tsp. garlic powder
- 1/4 tsp. cumin
- 1/2 tsp. mineral salt
- 1/2 tsp. paprika
- 2 cups Mexican Blend cheese, shredded
- 1 cup salsa



Preheat oven to 400°.

Brown and drain ground beef. Add seasonings and salsa and warm through. In a deep dish pie plate, or square 8x8" dish, put a thin layer of tomato sauce, hamburger, cheese, and a tortilla. (Cut the tortillas in half to fit in the pan if necessary.) Continue layering until you reach the top or are out of ingredients. End at the top with a tortilla, more sauce, and cheese.

Bake for 35 minutes.

Serve topped with lettuce, sour cream, and guac if desired.

enJOY!

