

Peppermint Chip Milkshake

Chick-fil-A Copycat

THM-Friendly: S/DF

- 1 cup [KJ's Ice Cream Base](#) (or Rebel ice cream)
- 1/2 - 1 tsp. peppermint extract (start low and work your way up)
- add a few drops of [natural food coloring](#) if you want it pink
- 1 Tbsp.-ish of stevia-sweetened chocolate chips
- 1/2 cup unsweetened nut milk
- 1 Tbsp. (at least) [KJ's Candy Cane Bits](#)

Blend with a stick blender until milkshake consistency. If you use a blender gently blend it to not over blend and keep it a thick shake. Adjust milk to preference.

For more fun and enJOYment...

Top with whipped cream, on-plan sprinkles (mix erythritol [works best] or Super Sweet well with red food coloring), some candy cane bits and a cherry.



<https://www.joyfullifewithkj.com/drinks-and-shakes/peppermint-chip-shake>

