

Apple Cider Iced Tea

THM-Friendly: FP

- 12 oz. boiling water
- 2 [Apple Cider](#) tea bags
- 3 droppers-full [Sweetleaf Plain Stevia](#) drops
- 1/4 tsp. [natural apple extract](#)

Steep tea for the desired amount of time, a minimum of five minutes.

Add the sweetener and the apple extract to hot steeped tea.

Pour over ice. Adjust sweetener and extracts to your taste!

enJOY!

