

# Brown Sugar Cardamom Iced Macchiato

THM-Friendly: FP

## Cardamom Syrup:

- 1 cup water
- 1/2 cup THM [Gentle Sweet](#)
- 1/4 tsp. [blackstrap molasses](#)
- 1/2 tsp. cardamom
- 1/8 tsp. [xanthan gum](#)

## Macchiato Ingredients:

- 1/4 cup of the cardamom syrup (above)
- 1/2 cup unsweetened nut milk
- 1 cup strong cold [coffee](#)
- ice

Mix all ingredients for syrup except xanthan gum and simmer for 2-3 minutes. Add xanthan gum and whisk well. Simmer another 2 minutes. Pour into a glass container for storage in the refrigerator. You will have extra for another day.

Fill a glass with ice. Add syrup first, top with milk, then with coffee. (You can make a hot macchiato if you prefer.)

enJOY!

