

# Brown Sugar Pineapple Lemonade

THM-Friendly: E

- 1/4 cup lemon juice
- 1/4 cup fresh or canned pineapple
- 1 Tbsp. Swerve Brown
- 4 cups water
- ice

Combine lemon juice, Swerve Brown, and pineapple with water.

Blend well, and pour over ice.

\* If you don't have Swerve Brown you can use 1 Tbsp. THM Super Sweet and 1/4 tsp Blackstrap Molasses

enJOY!

