

Iced Caramel Oolong Chai Tea

THM-Friendly: FP

- 1 bag oolong tea
- 1 bag Tazo Vanilla Carmel Chai tea
- 12 oz. just-off-the-boil water
- 1/2 cup unsweetened nut milk
- 1/2 tsp. caramel extract
- a pinch of mineral salt
- sweetener to taste (I use 2 droppers full of SweetLeaf Vanilla Creme liquid stevia)

Steep tea for 5-10 minutes in the 12 oz. of water. Remove the tea bags and add the tea and all the other ingredients to the blender. Blend well; pour over ice.

enJOY!

