

FUNnel Cake

THM Friendly - S

- 1/4 cup egg whites
- 1/4 cup almond milk
- 1 /3 cup THM Pancake Mix
- 1/4 tsp. cinnamon
- 1/4 tsp. cake batter extract



Mix the ingredients together. Put the batter in a piping bag or a Ziplock bag (you'll cut out a corner of the Ziplock when you're ready to cook), Heat up 2-3 Tbsp. coconut oil in a medium frying pan. When the oil is hot, pour the batter in a circular motion into the pan. Cook until golden brown and flip/repeat.

Top with sifted Gentle Sweet, berries, and nonfat whipped topping. Serves one.

enJOY!

