Strawberry Phubarb Cobbler-in-a-Cup

THM-Friendly: E

In a large mug, add:

- one stalk of fresh rhubarb, cut up into small pieces
- 3 diced strawberries
- 1/2 tsp. <u>vanilla extract</u>
- 2 tsp. THM <u>Super Sweet</u>
- 1 Tbsp. <u>Swerve Brown</u>
- a splash of lemon juice
- 1/4 tsp. cinnamon
- 1 Tbsp. THM <u>Baking Blend</u>
- a pinch of mineral salt

Mix well. Set aside.

In a separate bowl, make the crumble topping:

- 3-4 Tbsp. rolled oats
- 1tsp. THM Baking Blend
- 1 Tbsp. Swerve Brown
- 1/2 tsp. THM Super Sweet
- 1/8 tsp. cinnamon
- 1 tsp. coconut oil or butter

Mash with a fork to mix well. Then spoon on top of the batter in the mug.

Microwave for three minutes. When it comes out, let it cool a little bit, and then spritz on some fat-free whipped topping.

*You can always reduce the amount of sweetener if you don't care for things as sweet as I do.

enJOY!



