

Simple Syrup

THM-Friendly: FP

- 1 cup allulose
- 1 cup water

Combine water and sauce in a small pot. Stir to dissolve and bring to a simmer. Once it is fully simmering, remove it from heat, and let cool completely. Store it in a glass jar. It does not need to be refrigerated.

You can make your batch as big or small as you want. Just adjust the quantities accordingly.

enJOY!

