

Virgin Bloody Mary

THM-Friendly: FP

- 1/2 cup tomato sauce
- 1/2 cup water
- 1 tsp. lemon juice
- 2 Tbsp. dill pickle juice or olive brine
- 1 Tbsp. apple cider vinegar
- 1/2 tsp. prepared horseradish
- 1/2 tsp. hot sauce
- 1/2 tsp. Worcestershire sauce
- 2 pinches of mineral salt
- a sprinkle of black pepper
- a sprinkle of cayenne pepper (to taste)

Zing together in a blender and pour over a glass of ice.

Suggested garnish/serving options:

- 1 small celery heart stalk with leaves
- 1 lemon wedge
- 3-4 large olives
- precooked bacon slice
- dill pickle spear

enJOY!

