

Strawberry Mug Cake

THM-Friendly: S

In a large mug, add:

- 2 Tbsp. butter, softened
- 2 Tbsp. THM Gentle Sweet
- 1/4 cup almond flour (or THM Baking Blend)
- 1 Tbsp. coconut flour
- 1 egg
- 1/4 cup pureed strawberries
- 1/2 tsp. baking powder
- 1/2 tsp. vanilla extract
- a pinch of mineral salt

Mix well. Microwave for 2 1/2 minutes. (Set your mug on a plate...in case of overflow...)

Meanwhile, whip up:

- 1/4 heavy cream

Gently stir in:

- 2 Tbsp. pureed strawberries
- 1 Tbsp. Gentle Sweet

Dump the cake out onto a plate. Spoon the cream on top and drizzle with a little more sauteed strawberries.

enJOY!

