

Instant Strawberry Cheesecake

THM-Friendly: FP

Makes multiple servings.

In a medium bowl, add:

- 1 - 24 oz. carton of lowfat or nonfat cottage cheese

In a very small bowl, dissolve

- 1 heaping tsp. Just Gelatin

in a Tbsp. of cool water. Stir well and add 1 Tbsp. of hot water and stir again.

To the larger bowl, add the gelatin mixture plus

- 1 Tbsp. lemon juice
- 1 heaping tsp. Super Sweet
- 7-8 strawberries

Blend well with your stick blender. If desired, you can add some diced-up strawberries and stir gently. After refrigeration, this will thicken up beautifully.

enJOY!

